

LUNCH

served 10:30am to 7:00pm

CAGGIANO HAM PANINI \$12
white cheddar, sliced tomato

ROASTED CHICKEN PESTO PANINI \$12
jack cheese

ROASTED MUSHROOM PANINI \$11
brie cheese

B.L.A.T. \$13
sourdough bread, applewood smoked bacon, avocado, lettuce, tomato, aioli

SPICY GRILLED CHIPTOLE CHICKEN SANDWICH \$14
ciabatta bread, grilled onions, pepperjack cheese, garden greens, chipotle aioli

TURKEY CLUB \$14
3 slices of wheat bread, bacon, turkey, tomato, housemade pickles, lettuce, aioli

ROASTED VEGGIE CAPONATA \$13
focaccia, mushroom, roasted eggplant, zucchini, red onion, spinach, pesto aioli

CAPRESE \$10
baguette, mozzarella, heirloom tomato, basil, balsamic vinaigrette

PROSCIUTTO CAPRESE \$12
baguette, mozzarella, prosciutto, heirloom tomato, basil, balsamic vinaigrette

CAESAR WRAP \$12
spinach wrap, romaine lettuce, chicken, avocado, parmesan cheese, anchovy and lemon dressing

TBC WRAP \$12
spinach wrap, turkey, brie cheese, lettuce, cranberry chutney

OLIVE OIL POACHED TUNA SALAD \$13
baby spring lettuces, hardboiled egg, tomato, carrots, nicoise olives, red wine vinaigrette

BUTTER LETTUCE SALAD \$11
cranberries, carrots, celery, manchego cheese, candied hazelnuts, champagne vinaigrette

GREEN GREEK SALAD \$11
kale, pickled red onion, roasted bell peppers, feta cheese, almonds, red wine vinaigrette



BREAKFAST

served 6:30am to 10:30am

EGG SANDWICH \$8

english muffin, scrambled egg, tomato, white cheddar cheese
add bacon \$1

BREAKFAST BOWL \$9

brown rice, black beans, cheddar cheese, scrambled eggs, spinach, avocado

ACAI BOWL \$8

banana, berries, coconut, housemade granola

BREAKFAST BURRITO \$8.50

hashbrowns, scrambled egg, pico de gallo, cheese, avocado
add chorizo \$1

YOGURT PARFAIT \$7

vanilla yogurt, housemade granola, berries

SMOKED SALMON \$10

fromage blanc, capers, pickled onion, lemon, mixed greens

TOASTED BAGEL \$3

cream cheese

COFFEE & TEA

HOUSE BLEND

small \$2.50 | large \$2.75

LATTE

small \$3.50 | large \$4.00

CAPPUCCINO

small \$3.50 | large \$4.00

AMERICANO

small \$3.00 | large \$3.50

FIVE MOUNTAINS HOT TEA \$2.25

english, earl grey, jasmine green, chamomile, peppermint