



# JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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						<b>1</b> FITNESS FUSION 8:15 - 9:00am Leslie in Motion Studio <b>PILATES</b> 9:30-10:30am Leslie in Motion Studio
<b>2</b> CORE FUSION 8:15 - 9:00am Leslie- Hilltop Livingroom <b>YOGA FOR ALL</b> 9:30-10:30am Leslie- Hilltop Livingroom	<b>3</b> HATHA YOGA 8:30-9:30am Natacha Hilltop Livingroom	<b>4</b> POWER FLOW 8:30-9:30am Jayne Motion Studio	<b>5</b> PILATES 9:00-10:00am Jayne Motion Studio	<b>6</b> GENTLE YOGA 9:00 - 10:00am Carolena Motion Studio	<b>7</b> POWER YOGA 8:00-9:00am Laura Motion Studio	<b>8</b> FITNESS FUSION 8:15 - 9:00am Rikki in Motion Studio <b>PILATES</b> 9:30-10:30am Rikki in Motion Studio
<b>9</b> CORE FLOW 8:15 - 9:00am Natacha - Motion Studio <b>YOGA FOR ALL</b> 9:30-10:30am Natacha - Motion Studio	<b>10</b> HATHA YOGA 8:30-9:30am Natacha Motion Studio	<b>11</b> POWER FLOW 8:30-9:30am Jayne Motion Studio	<b>12</b> PILATES 9:00-10:00am Jayne Motion Studio	<b>13</b> GENTLE YOGA 9:00 - 10:00am Carolena Motion Studio	<b>14</b> POWER YOGA 8:00-9:00am Laura Motion Studio	<b>15</b> FITNESS FUSION 8:15 - 9:00am Leslie in Motion Studio <b>PILATES</b> 9:30-10:30am Leslie in Motion Studio
<b>16</b> CORE FUSION 8:15 - 9:00am Leslie in the Motion Studio <b>YOGA FOR ALL</b> 9:30-10:30am Leslie in the Motion Studio	<b>17</b> HATHA YOGA 8:30-9:30am Natacha Motion Studio	<b>18</b> POWER FLOW 8:30-9:30am Jayne Motion Studio	<b>19</b> PILATES 9:00-10:00am Jayne Motion Studio	<b>20</b> GENTLE YOGA 9:00 - 10:00am Carolena Hilltop Livingroom	<b>21</b> POWER YOGA 8:00-9:00am Laura Motion Studio	<b>22</b> FITNESS FUSION 8:15 - 9:00am Leslie in Motion Studio <b>PILATES</b> 9:30-10:30am Leslie in Motion Studio
<b>23/30</b> CORE FUSION 8:15 - 9:00am Leslie- Motion Studio <b>YOGA FOR ALL</b> 9:30-10:30am Leslie - Motion Studio	<b>24</b> HATHA YOGA 8:30-9:30am Natacha Motion Studio	<b>25</b> POWER FLOW 8:30-9:30am Jayne Motion Studio	<b>26</b> PILATES 9:00-10:00am Jayne Motion Studio	<b>27</b> GENTLE YOGA 9:00 - 10:00am Carolena Motion Studio	<b>28</b> POWER YOGA 8:00-9:00am Laura Motion Studio	<b>29</b> FITNESS FUSION 8:15 - 9:00am Leslie in Motion Studio <b>PILATES</b> 9:30-10:30am Leslie in Motion Studio

FOR MORE INFORMATION OR TO SIGN UP FOR CLASS PLEASE CONTACT THE SPA.

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